

## Welcome to 212 Degrees of Wellness

At 212 Degrees of Wellness, you can expect a highly trained doctor and staff who has one goal in mind: to help you and your family reach and maintain your health potential. While other doctors choose to limit their scope of practice to pain relief only, our goal is to detect and eliminate root causes of health problems that you may be suffering from now and towards in the future.

Following an evaluation of your overall health, the doctor will discuss a plan for you and your family to obtain maximum wellness and will encourage you to participate in any number of challenges, events, recipe nights, advanced workshops, and more all designed to help you easily and effectively apply health and wellness principles to your life.

Expect V.I.P. treatment when you walk into our practice. We utilize a customer service model similar to first tier organizations to ensure that you receive the best experience each and every time, whether you are a patient or a new patient of our practice.



[Click Here to Shop at Our Online Store](#)

## Featured Products



### Daily Detox + Super-Antioxidant

Increase the body's own detoxifying agent by safely and permanently removing dangerous toxins from blood, cells, and tissues that you're exposed to every day! Benefits of taking Daily Detox include: lowered cholesterol, weight loss, balanced blood sugar, reduction of pain and inflammation, protection against allergens, anti-bacterial properties, plus more!

[Learn More](#)



### Maximized Living Nutrition

Real Nutrition for a Healthy Body and Mind. Discover the scientific solution for weight loss with our easy to use shopping guides, meal plans, plus 100+ delicious and nourishing recipes. Learn how to lose weight, even if nothing else has worked, balance and regulate your hormones through diet, and you will even learn how to stop, prevent and even reverse diet-related chronic diseases!

[Learn More](#)



### Spinal Correction at Home

This kit includes all of the basics for homecare: Spinal Sleeping Aids plus covers, a Pelvic Wedge Set, an Inflatable Wobble Cushion, and a Cervical Traction Unit. All of these pieces come in a kit bag. Enjoy the savings from buying these as an all-in-one kit. **On sale for \$109.95.** Regular price \$129.95

[Learn More](#)

## 212 Degrees of Wellness

**Phone Number: 636-273-4800**

### Address

16753 Main Street  
Wildwood, MO 63040

### Office Hours

Mon: 9 AM - 12 PM & 3:30 PM - 6:30 PM  
Tues: 3 PM - 6:30 PM  
Wed: 9 AM - 12 PM & 3:30 PM - 6:30 PM  
Thur: 3 PM - 6:30 PM  
Fri: 9 AM - 12 PM  
Saturday: Closed

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